

Healthy Schools Certification 2022-2023



Healthy Schools Certification

Healthy Schools Certification is guided by these goals:

- To support schools that want to enhance the health and well-being of their students and staff
- To increase student engagement and leadership opportunities to support health and well-being at school
- To increase adult engagement in prioritizing health and well-being at school
- To strengthen community engagement and partnerships



4-Step Healthy Schools Process

These 4 steps include:

- **Step 1:** Assemble Your Team
- **Step 2:** Identify Your School Community Priorities, Assets, and Health Topic(s)
- **Step 3:** Develop Your Plan and Take Action
- **Step 4:** Celebrate and Reflect



National Pilot and Program Scaling

- New website, healthyschools.ca launched for a streamlined and refreshed Healthy Schools Certification experience.
- ...And thanks to funding support and guidance from the Max Bell Foundation, we are working with members of the Canadian Healthy Schools Alliance to expand Healthy Schools Certification beyond Ontario!

2022-2023 Healthy Schools Certification

- Registration for the 2022-2023 school year is open!
 - Total Schools Registered: 219
- Healthy Schools Certification is available in French and English
- Deadline to register: Friday, November 25, 2022, at 10:00 a.m. (MT), 12:00 p.m. (ET), 1:00 p.m. (AT)
- Final deadline for certification (to report on Steps 1 to 4): Friday, May 5, 2023, at 10:00 a.m. (MT), 12:00 p.m. (ET), 1:00 p.m. (AT)



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Fall 2022 Launches: **New Resources**

- **Food Literacy** (elementary)
 - Conversation Starter videos
 - Video Discussion Guides
- **Gender-Based Violence Prevention** (elementary and secondary)
 - New Draw-The-Line scenario, worksheet, video
 - Launch of eLearning module
 - DTL 16-Days provincial webinar series
- **Inclusive Physical Education** (elementary and secondary)
 - Toolkit
 - Provincial Webinar
 - eLearning Module (winter launch)
- **Internet Safety** (Grades 7-8)
 - Videos
 - Discussion Guides
- **Vaccination Talks Toolkit: Phase 2** (elementary and secondary)
 - Educator, School Administration, and Parent/Caregiver videos
 - Classroom supports
- **Vaping Education Supports** (elementary)
 - Educator Tip Sheets
- **Wallet Wellness** (elementary)
 - Provincial Classroom Challenge
 - Digital Activity Workbook (spring launch)

Fall 2022 Launches: **Content Updates**

- Ontario Physical Activity Safety Standards in Education updates (school staff)
- Concussion Identification, Management and Prevention for Schools 2022/23 e-Learning module (school staff)
- Rowan's Law Day Toolkit (elementary and secondary schools)
- Implementing Ryan's Law and PPM 161: Ensuring Asthma Friendly Schools 2022/23 e-Learning module (school staff)

Program Registrations: Opening/Closing Dates

- Healthy Schools Certification
(elementary and secondary schools – **September 2022, registration closed November 25, 2022**)
- Raise the Bar Intramural Program
(elementary and secondary schools – **Open access**)